

WEEK # 5

Topics

- Daily Routines
- Present Simple
- Time Expressions

1. Warm-up

Questions

- What time do you wake up?
- What do you do in the morning?

<https://wordwall.net/es/resource/2954544/daily-routine>

You will answer orally:

Example:

- I wake up at **6:00 a.m.**
- I **brush my teeth.**
- I **have breakfast.**

Common routines:

- Wake up
- Take a shower
- Brush my teeth
- Have breakfast
- Go to school
- Do homework
- Have dinner
- Go to bed

Review class # 4

2. Grammar Explanation

PRESENT SIMPLE FORM

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POSITIVE	I	}	work
	You		
	He	}	works
	She		
	It		
	We	}	work
	They		

NEGATIVE	I	}	do not work
	You		don't work
	He	}	does not work
	She		doesn't work
	It		
	We	}	do not work
	They		don't work

QUESTION	Do	}	I	}	work?
			you		
	Does		he		
			she		
			it		
	Do		we		
			they		

SHORT ANSWER	Yes,	}	I	}	do.
			you		
		}	he	}	does.
			she		
			it		
		}	we	}	do.
			they		

No,	}	I	}	do not.
		you		don't.
	}	he	}	does not.
		she		doesn't.
		it		
	}	we	}	do not.
		they		don't.

	NEGATIVE
	He doesn't works.
	He doesn't work.
	QUESTION
	Does she works?
	Does she work?

Present Simple – Daily Routines

Structure:

I / You / We / They + verb

Examples:

- I wake up at 6:00 a.m.
- I go to school at 7:00 a.m.
- I do my homework in the afternoon.

Time Expressions

- In the morning
- In the afternoon

- In the evening
- At night
- At 6:00 a.m. / At 7:30 p.m.

Example sentences:

- I have breakfast **in the morning**.
- I watch TV **in the evening**.
- I go to bed **at 9:00 p.m.**

<https://wordwall.net/es/resource/2308735/jumbled-sentences-daily-routines>

3. Guided Practice

Students complete the sentences:

1. I wake up at _____.
2. I brush my teeth at _____.
3. I go to school at _____.
4. I do my homework in the _____.
5. I go to bed at _____.

4. My Daily Routine Poster

Instructions

Create an **illustrated routine** in your notebook.

You must:

1. Draw **5 daily activities**.
2. Write the sentence under each drawing.
3. Include **time expressions**.

Example:

1. I wake up at **6:00 a.m.**
2. I have breakfast **in the morning**.
3. I go to school at **7:00 a.m.**
4. I do my homework **in the afternoon**.
5. I go to bed **at 9:00 p.m.**

5. Speaking Practice

Work in pairs.

Student A asks:

- What do you do in the morning?
- What time do you go to bed?

Student B answers:

- I wake up at 6:00 a.m.
- I go to bed at 9:00 p.m.

Then they change roles.

Homework

Project: My Daily Routine Book

You will create a **small illustrated book** about your daily routine.

Instructions:

1. Use **4–6 pages** (notebook or sheets of paper).
2. Each page must include:
 - **One drawing**
 - **One sentence in Present Simple**
 - **One time expression**

Example pages:

Page 1

I wake up at 6:00 a.m.

Page 2

I have breakfast in the morning.

Page 3

I go to school at 7:00 a.m.

Page 4

I do my homework in the afternoon.

Page 5

I watch TV in the evening.

Page 6

I go to bed at 9:00 p.m.